

Fiscal Year 2007/2008 Budget Program Description

MENTAL HEALTH

Department Mission Statement:

To provide leadership and ensure the prevention and treatment of mental illness, developmental disabilities and chemical abuse by coordinating, developing and contracting for quality services for all citizens of McHenry County, Illinois.

| Program Description (By OCA Code) | Customers Served | Mandated Service | Funding Source |
|---|---|--|---|
| <p><u>OCA: 251138</u></p> <p><u>AmeriCorps</u> -- Provides Community Service placements for older youth and young adults to provide tutoring, mentoring and life skills to special needs and at-risk children.</p> | Youth at risk of emotional disorders | DHS Agreement | Mental Health fund DHS/DMH |
| <p><u>OCA: 250038</u></p> <p><u>Family Care Child Mental Health Initiative</u> -- Provides leadership for family driven/youth guided transformation of children's service with the inclusion of Family Resource Developers, expansion of Wraparound in schools and partnerships with all community stakeholders..</p> | Youth with a serious emotional disorder | Medicaid Rule 132 DHS Agreement | Mental Health Fund USSAMHSA DHS/DMH |
| <p><u>OCA:250008</u></p> <p><u>Engagement</u> -- Provides outreach and support to individuals who have a severe mental illness and are not connected with services.</p> | Adults with a mental illness | Medicaid Rule 132 DCSF/DMH Agreement | County |
| <p><u>OCA: 251009/250035</u></p> <p><u>Child & Adolescent Partial Hospitalization</u> -- Provides a range of services based on individual needs for a minimum of 4 hrs. per day, 5 days per week. Services are focused on age-appropriate role functioning and include counseling and community integration and reintegration.</p> | Youth with a mental illness | 405ILCS20 and: Medicaid Rule 132 | County |
| <p><u>Child & Adolescent Outpatient</u> -- Provide comprehensive services including psychiatry to enhance the biological, psychological, and social functioning of youth and their families. Emphasis is first placed on treatment planning based on a thorough assessment of client needs. Services are then designed to be provided in the least restrictive environment possible, thus reducing incidences of separation of family members, hospitalization and residential treatment.</p> | Youth with a mental illness | Medicaid Rule 132 | County |
| <p><u>Emergency Foster Care</u> -- Provides emergency placement services for youths experiencing emotional problems in private licensed foster homes. The service emphasis focuses on stabilization so family reunification can occur as soon as possible.</p> | Youth with a mental illness | | |
| <p><u>Latino Family and Individual Therapy</u> -- Provides culturally sensitive and accessible therapeutic family or individual counseling primarily for individuals for whom English is a second language.</p> | Youth and families with an emotional disorder | DCFS Rules | County |
| <p><u>Rural Clinic – Mental Health Outreach</u> -- Provides outreach, linkage and referral to social and behavioral health care services for very low income and uninsured individuals and their family members.</p> | Youth and family at risk of emotional disorders | Medicaid Rule 132 | County |
| <p><u>Child & Adolescent Case Management (TBI)</u> -- Provides an array of services to youth who have a sever</p> | | | |

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| <p>traumatic brain injury and their families with the primary goal being to increase the families' ability to successfully maintain their children in their home/school and prevent out of home placements to hospitals or residential treatment programs.</p> <p><u>Early Identification</u> -- This outreach program identifies infants and children who have, or are at risk of developing, a physical or mental disability and links them to appropriate services. Priority attention is given to infants whose birth situation may place them at high risk. These circumstances include, but are not limited to, children born to teenage mothers, those with a low birth weight and those born at home.</p> <p><u>Family Case Management and Counseling</u> -- Provides case management, service coordination and counseling for homeless women and their children.</p> <p><u>Childhood Therapies</u> -- Provides comprehensive, coordinated early intervention services for infants and toddlers with developmental delays/medical risks and for their families.</p> <p><u>Adolescent and Young Adult Intensive Outpatient</u> -- Provides community outpatient treatment designed to arrest substance abuse and then to develop the motivation, emotional and behavioral skills and social supports (family, academic and peer) necessary to develop positive, functioning, responsible and drug and alcohol free adolescents and young adults.</p> <p><u>Adolescent Substance Abuse Program</u> -- Provides intervention at an early stage of substance abuse to prevent illness from progressing, through a variety of therapeutic interventions such as: individual, group, family counseling; medical support; education; intervention and close consultation and communication with the school system.</p> <p><u>Substance Abuse Outpatient</u> -- Provides assessment, individual, family and/or group therapies designed to enhance insight and promote successful recovery for those youth abusing or dependent on alcohol or other drugs.</p> <p><u>Recreational Day Treatment</u> -- Provides structured community based therapeutic activities from June through August, for youth who have a severe disability (MI, DD or CD) as defined by DSM-III-R. The purpose of the program is to provide a variety of recreational activities that promote normal socialization, physical and emotional health, increased self-esteem, self-actualization and constructive use of leisure time.</p> | <p>Youth with TBI</p> <p>Infants and young children at risk of disability</p> <p>Homeless women & children with emotional disorders Children 0 – 3 yrs at risk or with disabilities</p> <p>Substance abusing youth</p> <p>Substance abusing youth</p> <p>Substance abusing youth</p> <p>Children and Adolescents</p> | <p>Medicaid Rule 132</p> <p>DHS State Agreement</p> <p>DHS/DD Rules</p> <p>Medicaid Rule 132</p> <p>DHS/DDD Rules</p> <p>DASA Rules</p> <p>DASA Rules</p> <p>DASA Rules</p> <p>None</p> | <p>County</p> <p>County/DHS</p> <p>County</p> <p>County</p> <p>County</p> <p>County</p> <p>County</p> <p>County</p> <p>County</p> |
| <p><u>Transitional Living</u> -- Provides a structured living facility with an array of mental health services for veterans experiencing mental illness and/or chemical dependency.</p> <p><u>Permanent Group Home</u> -- Provides a structured living facility combined with a wide array of mental health services to fourteen mentally ill homeless adults in McHenry County. The goal of the program is to reduce hospitalization and to focus the residents on participating in their own rehabilitation.</p> <p><u>Residential Programs</u> -- Provides supportive living arrangements for adults with a persistent and severe mental illness: including Transitional Living Facilities; Supervised Residential Group Homes; and Supported Apartments.</p> | <p>Adults with a mental illness</p> <p>Adults with a mental illness</p> <p>Adults with a mental illness</p> <p>Adults with a mental illness</p> | <p>Medicaid Rule 132</p> <p>Medicaid Rule 132</p> <p>Medicaid Rule 132</p> | <p>County</p> <p>County DHS/DMH</p> <p>County</p> |

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| <p><u>Adult Outpatient</u> -- Provides to all McHenry County residents and their families suffering from emotional problems a comprehensive continuum of outpatient services including psychiatry to restore them to a productive, happier life and to improve their ability to cope effectively with life's everyday problems.</p> | Adults with a mental illness | Medicaid Rule 132 | County |
| <p><u>Case Management (MI)</u> -- Provides service to adults who have a severe and chronic mental illness and have difficulty adhering to treatment recommendations without assistance and advocacy. Therefore, the focus of this program is to provide assertive outreach and service coordination via case management to enable the individuals to remain successfully in the community and prevent recurrent crisis and hospitalization.</p> | Adults with a mental illness | Medicaid Rule 132 | County |
| <p><u>Community Outpatient</u> -- Provides a comprehensive continuum of services to people with a mild or moderate emotional, behavioral, social or situational problem and are at risk of being hospitalized, and the goal is to restore them to effective functioning.</p> | Adult victims of abuse | | |
| <p><u>Court Victims Assistance</u> -- Provides assistance to victims of domestic violence/sexual assault in creating safe environments.</p> | Adults with a mental illness | Medicaid Rule 132 | County |
| <p><u>Day Hospital</u> -- Provides intensive supportive psychiatric treatment in a community based setting for individuals with an acute and/or persistent mental illness. The program intends to decrease inpatient hospitalization by continuing intensive treatment for patients being discharged from an inpatient facility.</p> | | None | County |
| | Adults with a mental illness | Medicaid Rule 132 DHS/DMH | County |
| <p><u>Adult Linkage Case Management</u> -- Provides assistance to the chronically and severely mentally disabled persons in obtaining funding for which they are eligible and opportunities inside and outside of social service or healthcare systems, such as vocational or volunteer situations.</p> | Adults with a mental illness | | |
| <p><u>Sustaining Care</u> -- Provides service to individuals who have a persistent and severe mental illness and have experienced recurrent psychiatric hospitalizations. The goal of the program is to successfully maintain these individuals in the community by providing supportive office based therapeutic interventions. The program focuses on stabilizing and enhancing the client's overall functioning.</p> | Adults with a mental illness | Medicaid Rule 132 | County |
| <p><u>In home Sustaining Care</u> -- Provides in home treatment and maintenance services to sustain the level of functioning of severely impaired chronic mentally ill individuals. Included in treatment/services are: case management, nursing support, medication monitoring and advocacy.</p> | Adults with a mental illness | Medicaid Rule 132 DHS/DMH Agreement | County DHS/DMH |
| <p><u>Partial Hospitalization</u> -- Provides intensive psychiatric treatment to adults with psychiatric and emotional disorders. The program provides an intensive, structured alternative to or transition from psychiatric hospitalization.</p> | Adults with a mental illness | Medicaid Rule 132 | County |
| <p><u>Psychosocial Rehabilitation</u> -- Provides a cluster of core services including day treatment, day care, social support and vocational rehabilitation which focus on long-term recovery and maximization of self-sufficiency and independence for adults with a severe and chronic mental illness.</p> | Adults with a mental illness | | |
| <p><u>Vocational Day Service</u> -- Provides vocational evaluation work adjustment training, remunerative work and psychosocial rehabilitation services including counseling and socio-recreational services for adults with a severe and chronic mental illness.</p> | Adult survivor of abuse | Medicaid Rule 132 | County |
| <p><u>Trauma Based Mental Health Services</u> -- Provides treatment for the impact of sexual assault and domestic violence on individuals and families.</p> | Adult perpetrators of abuse | | |
| <p><u>Alternatives to Violence</u> -- Provides programming to re-educate perpetrators of violence within a group</p> | Adult with a developmental disability | Medicaid Rule 132 DHS/DMH Agreement | County DHS/DMH |

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| <p>setting that stresses accountability, identifying violent behavior and holding perpetrators solely responsible for their abuse.</p> | Adult with a developmental disability | Medicaid Rule 132 | County |
| <p><u>Adult Service Coordination</u> -- Assists individuals with developmental disabilities and their families in identifying and accessing appropriate community resources. Crisis intervention, screening, assessment and follow-up services are also provided.</p> | Adult with a developmental disability | Medicaid Rule 132 | County |
| <p><u>Developmental Training</u> -- Provides work opportunities, classroom and leisure skill activities and many other curriculum activities to adults with a developmental disability.</p> | | Court mandated | County |
| <p><u>Client and Family Support</u> -- Provides case management services to developmentally disabled individuals and their families. The program focuses on their needs with the recognition that these individuals are entitled to participate as fully as possible in the mainstream of community life.</p> | Adult with a developmental disability | DHS/DDD | County |
| <p><u>Vocational Development</u> -- Provides Vocational Development, consultation and training services to eligible, adult developmentally disabled persons who are McHenry County residents.</p> | Adult with a developmental disability | DHS/DDD | County |
| <p><u>Supported Residential</u> -- Provides supported living arrangements along with habilitation, training and other supportive services for individuals with a developmental disability.</p> | Adult with a developmental disability | DHS/DDD | County |
| <p><u>Respite Care</u> -- Provides respite care for families of individuals (child or adult) who have a developmental disability with temporary relief from their daily care-taking responsibilities. The respite interval may be for a few hours, or as long as two weeks. For the most part, Respite usually occurs in the individual's own home.</p> | Substance abusing adults | DHS/DDD | County |
| <p><u>Intensive Outpatient Program</u> -- Provides outpatient treatment for services for the primary treatment of chemically dependent adults age 18 and over and their affected family members, in a highly structured six-week process. In addition to providing treatment, the staff facilitates inpatient services such as detoxification or rehabilitation as indicated by individual client need.</p> | Substance abusing adults | DHS/DDD | County |
| <p><u>Substance Abuse Outpatient</u> -- Provides services to individuals who are harmfully involved with the use/abuse of chemical intoxicants. It also serves family members and significant others who are affected by another's drinking or drug use.</p> | Adults with TBI | DHS/DDD | County |
| <p><u>Case Management (TBI)</u> -- Provides screening, assessment, case management and advocacy to sustain and improve the level of functioning of traumatically brain injured adults and their families. Included in treatment/services are: home visits, vocational/educational linkage and coordination of services between the individual and service providers.</p> | Adults | DASA | County |
| <p><u>Financial Counseling</u> -- Provides personal and family financial counseling for all system consumers by structuring and implementing a budget; by examining spending and saving habits and recommending improvements; and by listing debts and formulating a repayment plan. Provider: Consumer Credit Counseling</p> | | DASA | County |
| | | DHS | County DHS |

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| | | None | County |
| <p><u>Dementia Support</u> -- Provides RN directed case coordination services for Alzheimer's disease or other dementias.</p> <p><u>Senior Case Management</u> -- Provides preventive/interventive counseling and care management, both at home and on-site. The program enhances the seniors' understanding of and response to their present condition, mobilizes community resources to better serve the senior and decreases the number of unnecessary and/or premature institutionalizations.</p> <p><u>Senior Partial Hospital (MI)</u> -- Provides a community based age relevant Day Treatment program for services with seniors who have a chronic mental illness. This therapeutically oriented congregate day program provides mental health maintenance and habilitation services, psychosocial rehabilitation services, health maintenance services and geriatric psychiatric consultation.</p> <p><u>Senior Psychosocial Rehabilitation (MI)</u> -- Provides a cluster of core services including social support, recreational activities, treatment and rehabilitation, skill building focused on the recovery and maximization of self-sufficiency and independence for seniors who have a severe and chronic mental illness.</p> <p><u>Senior Care (DD)</u> -- Provides social, recreational and personal improvement opportunities for aging adults with a developmental disability who choose to retire.</p> <p><u>Senior Partial Hospital (DD)</u> -- Provides a community based age relevant day treatment program for clients with a developmental disability. This therapeutically oriented congregate day program provides mental health maintenance and habilitation services, psychosocial rehabilitation services, health maintenance services and geriatric consultation.</p> | <p>Seniors with a mental illness</p> <p>Seniors with a mental illness</p> <p>Seniors with a mental illness</p> <p>Seniors with a mental illness</p> <p>Seniors with a developmental disabilities</p> <p>Seniors with a mental illness</p> | <p>Medicaid Rule 132</p> <p>Medicaid Rule 132</p> <p>Medicaid Rule 132</p> <p>Medicaid Rule 132</p> <p>Medicaid Rule 132</p> <p>DHS/DDD Rules</p> <p>Medicaid Rule 132</p> | <p>County</p> <p>County</p> <p>County</p> <p>County</p> <p>County</p> <p>County</p> <p>County</p> |
| <p><u>Crisis Line</u> -- Provides immediate crisis response to individuals and then links them with an appropriate health care provider. Crisis Line activities include initial assessment, brief supportive therapy, referral and linkage. The goal is symptom reduction, stabilization and restoration to a pre-crisis level of functioning.</p> <p><u>Onsite Emergency Services</u> -- Provides a professional comprehensive immediate onsite crisis response system to children, adolescents and adults in need of crisis services on a 24-hour a day, 7 days a week basis. Special attention is given to situations that may result in either the individual being unable to adequately care for themselves, or in the injury, abuse, and/or neglect of themselves or someone else.</p> <p><u>Phone Crisis Response</u> -- Provides professional comprehensive immediate telephone crisis response system for children, adolescents and adults in need of crisis services on a 24-hour a day, 7 days a week basis. Special attention is given to situations that may result in either the individual being unable to adequately care</p> | <p>All citizens of McHenry County</p> <p>All citizens of McHenry County</p> | <p>Medicaid Rule 132 DHS/DMH Agreement</p> <p>Medicaid Rule 132 DHS/DMH Agreement</p> | <p>County DHS/DMH</p> <p>County DHS/DMH</p> |

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| <p>for themselves, or in the injury, abuse, and/or neglect of themselves or someone else.</p> <p><u>Epilepsy Services: Family Support and Family/Public Education</u> – Assists individuals and families affected by epilepsy who are at risk of not being able to reach their full potential and who ultimately face exclusion from normal community activities. Services are designed to meet the needs of its consumers in an environment of empowerment and independence for each person.</p> | <p>All citizens of McHenry County</p> <p>All citizens of McHenry County</p> | <p>Medicaid Rule 132 DHS/DMH Agreement</p> <p>None</p> | <p>County DHS/DMH</p> <p>County DHS/DMH</p> |
| <p><u>OCA: 250002</u></p> <p><u>Screening Assessment and Support Services (SASS)</u> -- Provides intensive assessment and case management services, via a multi-agency evaluation and service plan process, for severely emotionally disturbed youth at risk of out-of-home placement and their families.</p> <p><u>OCA: 250635</u></p> <p><u>DHS Teen Reach Garden Quarter Resource Center/Teen Reach Lakewood Resource Center</u> -- Provides after school tutoring, life skill and community service activities for at-risk youth and linkage to community services.</p> | <p>Youth with serious emotional disorders</p> <p>Youth at risk of emotional disorders</p> | <p>Medicaid Rule 132 HFS/DCFS Rules</p> <p>DHS Rules</p> | <p>County HFS</p> <p>County DHS</p> |
| <p><u>OCA: 250039</u></p> <p><u>Heartstrings Adoption Support</u> -- Assists families with adopted children who are experiencing a variety of difficulties through educational and support groups for parents. Service also includes funding and providing short and long term respite options for families.</p> <p><u>Child & Adolescent System of Care Case Coordination/Wraparound (SOC/Wrap)</u> -- Assists seriously emotionally disturbed (SED) youth and their families in identifying and accessing appropriate community resources. Crisis intervention, screening, assessment, support in non-practitional services, and follow-up services are also provided.</p> <p><u>Project Success / Family Centered Services</u> -- Provides information linkage and referral to all McHenry County families with children age 0 through 18. In addition, Project Success also provides prevention services focused in maintaining youth in school, after school alternatives and supporting adoptions. Including:</p> <ul style="list-style-type: none"> • Front Door Services • Grandparent Respite | <p>Families who have at risk adopted children</p> <p>Youth with Serious Emotional Disorders</p> <p>At Risk Youth and Families</p> | <p>DCFS</p> <p>DCFS, ISBE Rules</p> <p>Department on aging DCFS Rules</p> | <p>County DCSF</p> <p>County, IL. DCSF ISBE IL DHS</p> <p>County Department on aging IL. DCFS</p> |