



**McHenry County  
Department of Health**

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**FOR IMMEDIATE RELEASE**

***March 18, 2010***

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**Public Water Systems Recognized  
For Maintaining Optimum Fluoride Levels**

**WOODSTOCK IL** – McHenry County Department of Health (MCDH), along with the Illinois Department of Public Health and the Illinois Environmental Protection Agency, recognizes community water systems that have maintained State-mandated fluoride levels in drinking water every month in 2009. Community water fluoridation is safe and effective in preventing tooth decay and improving overall oral health for both children and adults.

Those recognized in McHenry County include 12 Water Departments (Algonquin, Cary\*, Crystal Lake\*, Harvard\*, Hebron, Huntley, Lake in the Hills, Marengo, McHenry\*, Richmond, Union and Woodstock\*) of which five (designated with an asterisk) have at least 10 consecutive years of achievement. Recognition was also given to one private supplier – Illinois American Water Company Terra Cotta. Honorable mentions (11 out of 12 months) went to Lakewood Water Department, Prairie Ridge Association and Utilities Inc. (Whispering Hills Water).

Fluoride is found naturally in water, but in many communities the amount of the mineral is too low and does not meet the required standards. Municipal water supplies supplement their water with fluoride to optimal levels but private wells in McHenry County, in general, tend to be below those recommended levels. For more information, call the Department of Health at 815-334-4585 or visit [www.mcdh.info](http://www.mcdh.info).

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***“Working to prevent disease and promote health and safety for all people of McHenry County since 1966.”***