



McHenry County Department of Health
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FOR IMMEDIATE RELEASE
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Free H1N1 vaccine offered at local college

Woodstock IL – McHenry County Department of Health (MCDH) has scheduled its next H1N1 clinic for Sunday, January 17 from 1pm-4pm at McHenry County College, 8900 U.S. Hwy 14, in Crystal Lake. Appointments are available online at www.mcdh.info or at 815-334-2800. Due to increased availability, the H1N1 vaccine is available to all County residents and is **FREE**.

The Centers for Disease Control and Prevention (CDC) places a high priority on vaccine safety. The H1N1 vaccine is made the same way as the seasonal flu vaccine which protects millions of people every year. Vaccination is the best form of protection against flu viruses. Local, state and national healthcare providers such as the American Academy of Pediatrics, National Alliance for Hispanic Health, American Pharmacists Association and the American Hospital Association are all working together to promote H1N1 vaccination to protect the health of all Americans.

The H1N1 virus continues to circulate in McHenry County and has caused serious infection, especially to those with underlying medical conditions. It not only protects you but it helps protect the people around you. If you get the flu, you can pass it to others including babies, pregnant women, and people with chronic health conditions who are more likely to suffer serious complications.

The CDC remains cautious of a 3rd wave in the spring, coupled with the seasonal flu. Following the 3 C's will also keep you healthy so remember to **cover** a cough with tissue or sleeve, **clean** hands with warm soap and water, and **contain the virus** by staying home when ill. Get answers to your flu questions at www.flu.gov.

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Working to prevent disease and promote health and safety for all people of McHenry County since 1966."